The arts: Subject-specific guidance

An extended essay (EE) in the arts gives students an opportunity to undertake an in-depth investigation into a topic within an arts subject of particular interest to them.

The EE must demonstrate in-depth understanding of the subject matter studied. This should be shown in the form of:

- a coherent analysis and interpretation of their chosen area in relation to a posed research question
- the testing and validation of the research and consideration of its effect on the practice of the investigated area of the arts
- development and exploration in a disciplined and imaginative way of an area of study specifically appropriate to the curriculum area chosen
- a link to a practical dimension.

The research outcome should always include a link with a practical dimension. Where relevant and possible, students may wish to consult practitioners and professionals, such as performers, directors, researchers, writers, designers, painters, sculptors, composers or critics; or they may wish to visit theatres, galleries, museums and arts centres.

For a longer general overview of an arts-related EE, see The arts: An introduction
Theatre: Subject-specific guidance

See also: Extended essay guide and Extended essay teacher support material

Overview
An extended essay (EE) in theatre gives students an opportunity to:

- undertake independent research into a topic in theatre of their choice
- apply a range of skills to develop and explore in an imaginative and critical way a focused research question appropriate to theatre
- test and validate their research by considering its effect on the practice of the area of theatre they have investigated.

Choice of topic
Theatre is composite in nature. Students may therefore take an interdisciplinary approach in their research, so long as their topic is firmly rooted in the subject of theatre. The essay topic may relate to an area of the Diploma Programme theatre course, but students can also choose to explore other areas of the subject. Crucially, the topic must reflect their particular interest and enthusiasm within theatre.

Students can opt to compare two or more theatrical practices, but students should be careful to ensure that their comparisons are valid and the product of sensitive and objective analysis.

Research question
Once they have chosen their topic, students must frame a focused research question.

It is the task of the supervisor to ensure that the question:

- can be answered using theatrical sources available to the student
- will encourage and enable the student to apply theatrical concepts, theories or ideas.

The question’s scope should not be too broad as such essays are rarely successful. The best research questions encourage analysis in depth rather than breadth.

Treatment of the topic
The EE’s emphasis should always be on:

- written analysis, interpretation, evaluation
- the construction and development of a sound argument.

Research plan and methodology
When they have established their topic and research question, students should then make a research plan. The plan should be flexible enough to allow them to explore their topic in a creative manner. Students should not be afraid to take risks during the research process: originality is encouraged, as is using a variety of research models.
It is vital that students' methodology:

- is tailored to the research question
- allows for an in-depth exploration.

Their personal involvement in the EE is also crucial.

**Sources**

Students are encouraged to use both primary and secondary sources.

**Primary sources**

Primary sources of information can include:

- play texts
- productions of plays
- sketches, drawings, pictures, plans, photographs
- reviews of a landmark production
- interviews with playwrights, directors, actors, etc
- drama workshops or exercises
- audio or video recordings.

Audio and video recordings or hyperlinks to videos online cannot be submitted as part of the EE. If students include visual material within the EE, it should further or illustrate their argument rather than be merely decorative. See Use of illustrative material, criterion D

**Secondary sources**

A good essay will always include a bibliography of high-quality research sources. These give students scope for the in-depth analysis that characterizes the best pieces of work.

Their reading will enable them to:

- establish the wider theatrical context for their research question early in the essay
- support their argument throughout the essay.

Secondary sources of information can include:

- textbooks
- books
- academic journals
- magazines
- the internet.

Students should not rely exclusively on textbooks and websites for their secondary sources—they must read more widely.
Relationship between theory and practice

Students can choose to undertake practical, applied research, but it is not a requirement.

Students can choose to base their EE exclusively on their reading and explore a topic at a purely theoretical level. However, their EE must connect the theory with theatrical practice. The research outcome should always include a practical dimension.

Students should avoid taking a narrow literary approach. For example, an essay exploring the use of fans in Restoration comedy must include a discussion of how a particular production interpreted the convention.

The title of the essay should clearly indicate its main aims and objectives.

Examples of topics, research questions and suggested approaches

Once students have identified their topic and written their research question, they can decide how to research their answer. They may find it helpful to write a statement outlining their broad approach. These examples are for guidance only.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Costume design</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research question</td>
<td>To what extent do Sara Schwartz's costume designs carry the themes explored in the production of Leonce and Lena at the Volkstheater?</td>
</tr>
<tr>
<td>Approach</td>
<td>A performance analysis of Leonce and Lena produced at the Volkstheater in 2010 and the themes explored in it, as declared by the director, such as loss of power, beauty, existentialism and self-sacrifice, through the lens of costume design. Close links are drawn to the text by Büchner and Schwartz's designs, supported by personal interviews. The essay required extensive and repeated visits to the theatre.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Topic</th>
<th>Traditional Japanese theatre: Noh and Kabuki</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research question</td>
<td>What part is played by violence in Noh and Kabuki theatre?</td>
</tr>
<tr>
<td>Approach</td>
<td>Contextual and socio-historical research of the two forms underpinned a close performance analysis of chosen plays from each form to examine the theatrical techniques used to portray violence on stage. A comparison between the techniques of each form was made to show how the different forms place different significance on the portrayal of violence in telling the theatrical story.</td>
</tr>
</tbody>
</table>

| Topic                | Physical theatre                                                            |

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An important note on “double-dipping”

Students must ensure that their EE does not duplicate other work they are submitting for the Diploma Programme. For example, the EE should not be based on the same theatre theorists, play texts, world theatre traditions, starting points or theatre research examined as part of the standard and higher level courses.

Supervisors play an important role in guiding students in this. Students risk their diploma if academic misconduct is detected.

Interpreting the EE assessment criteria

Criterion A: Focus and method

(Strands: Topic, Research question, Methodology)

Students may choose to take an interdisciplinary approach to researching and planning their topic.

Topics need to be appropriate to the subject of theatre. Any topic that is outside the subject of theatre (e.g., ones that are film or literature based) cannot score above level 0 against criterion A.

<table>
<thead>
<tr>
<th>Research question</th>
<th>To what extent can social discrimination be discussed through the body in physical theatre? An analysis of DV8’s <em>The Cost of Living.</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Approach</td>
<td>Performance analysis of <em>The Cost of Living,</em> first identifying the physical metaphors of broken body and whole body, and linking this to physical characterization techniques. A comparison is made between spoken and physical language as well as their interplay in this production to convey the intended message about physical disability. Secondary research sources range from the general on physical theatre, the moving body etc to the specific: Lloyd Newson and DV8’s own writings.</td>
</tr>
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<table>
<thead>
<tr>
<th>Topic</th>
<th>Circus and theatre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research question</td>
<td>To what extent can theatrical elements transform circus into a piece of theatre? An analysis of Cirque du Soleil’s production <em>Ka.</em></td>
</tr>
<tr>
<td>Approach</td>
<td>The essay investigates and compares essential elements of theatre and circus and their possible interferences. Elements of theatre such as design, story and characterization in a specific performance were analysed in this production by Cirque du Soleil. Generic elements of circus were also identified in the same performance and a conclusion was drawn as to what extent this performance could be termed “theatre” or to what extent it was “circus”. The analysis was dependent on watching a live performance as well as the DVD; extensive secondary sources on theatre and circus as well as reviews, critiques and performance programme notes.</td>
</tr>
</tbody>
</table>
Research questions need to be specific, sharply focused and stated clearly in the introduction to the essay. Topics that are too broad, and that cannot be dealt with within the scope of the word limit, should be avoided.

The research question needs to be presented as a question for discussion. It should encourage analysis in depth rather than breadth. Its purpose should be made clear to readers and related to existing knowledge of the topic.

Students should establish the theatrical context related to the research question early in the EE.

Students can choose from a variety of research methods to respond to their chosen research question. Qualitative, quantitative, mixed method and practice-based research are all acceptable.

Students are not required to undertake applied research, but if they choose to explore a purely theoretical topic, their essay must connect the theory with theatrical practice. The research outcome should always include a practical dimension. EEIs in which theory and practice are completely divorced from each other or those based on a narrow literary approach will not score highly.

The discussion may also include a critical perspective on secondary source material so that students use the views of critics or practitioners to support their own argument.

The sources used may consist of a stage script or scripts that form the focus of investigation, and secondary sources (eg established theories used appropriately, published criticism on the stage script or scripts used in discussion, reviews of a landmark production or productions). Primary research such as interviews, laboratory exploration through exercises or workshops may be used provided that they are closely related to the chosen research question.

The sources used must provide sufficient material to develop and support an argument and conclusion relevant to the research question.

**Criterion B: Knowledge and understanding**

(Strands: Context, Subject-specific terminology and concepts)

Students must demonstrate knowledge and understanding of the theoretical background and an awareness of the academic context and its practical applications. They should do this by integrating their own ideas with current philosophical and theoretical thought and their practical application in theatre.

The student must demonstrate a contextual understanding of the chosen area of theatre. The context should be understood as the historical and sociocultural backdrop that informs or shapes a chosen theatre-related topic.

The nature of the chosen topic will determine the emphasis given to the different aspects of context and the direction of the research.

Some essays will have a strong element of applied research, while others may discuss previous or present practices to illustrate their central points.
Students should establish the context succinctly and not pad out an EE with a lengthy descriptive, historical or biographical narrative.

**Criterion C: Critical thinking**

( Strands: Research, Analysis and Discussion and evaluation )

Students should use a range of sources of information, including both primary sources (stage scripts and theatrical productions) and secondary sources (books, newspapers, magazines and journals, interviews and websites).

The use of other materials such as sketches, drawings, pictures, plans and photographs is encouraged but should not overwhelm the EE's text. Where they are used, they need to be crucial to the development and support of a coherent central argument.

The personal involvement of the student in their essay is of paramount importance, and this can become evident through the research path that is followed.

The research outcome should always include a link, direct or discreet, with a practical dimension.

A successful EE develops an argument, backed up with evidence, to convince readers of the validity of the student's findings. The argument may be personal but at the same time must remain logical and balanced. Reasoned argument must be the EE's fundamental structural basis.

The accumulation of research data may form part of the preparation for the writing of the EE but students must show that they can select relevant elements from this data and analyse and evaluate them in a manner relevant and appropriate to the topic.

Students should be able to analyse and evaluate theatrical work, whether this is a scene from a play, a costume design, a lighting plot or any other aspect that might be part of their topic. The ability to analyse and evaluate is part of the process through which the student articulates a relationship to the work and speaks in an individual voice.

It may be that the results of the analysis are unexpected or contrary to the student's initial hypotheses. Students should not be discouraged by this.

Where relevant, the argument should present evidence that leads towards acceptance or rejection of the original hypotheses.

In the context of the investigation of an issue, conflict or problem, bias or shoehorning of results should be avoided. The need to reconsider and re-evaluate initial ideas and modify the central argument, and an awareness of the need to make constant corrections and to recognize shortcomings are essential elements of theatre research.

**Criterion D: Presentation**

( Strands: Structure, Layout )
This criterion relates to the extent to which the EE in theatre conforms to current academic standards concerning the presentation of research papers. It also relates to how well these elements support the reading, understanding and evaluation of the essay.

EEs in theatre can be presented as a continuous body of text with clearly defined paragraphs or with a section and sub-section structure; the approach taken will be dependent on the nature of the research. The use of charts, images and tables may also be appropriate. They should only be used if they are directly relevant to the research question, contribute towards the understanding of the argument and are of a good graphic quality. Only selected materials that are central to the argument of the essay should be included in the body of the essay, as close as possible to their first reference.

Students must take care in their use of appendices as examiners are not required to read them. All information with direct relevance to the analysis, discussion and evaluation of the essay must be contained in the main body of the essay.

Any material that is not original must be carefully acknowledged, with specific attention paid to the acknowledgment and referencing of quotes and ideas. This acknowledgment and referencing is applicable to audio-visual material, text, graphs and data published in print and electronic sources. The inclusion of visual images may also be a crucial part of providing evidence in support of the student’s central argument, and these images should be annotated in an appropriate format, as they need to have an illustrative rather than decorative function. If the referencing does not meet the minimum standard as indicated in the guide (name of author, date of publication, title of source and page numbers as applicable), and is not consistently applied, work will be considered as a case of possible academic misconduct.

A bibliography is essential and has to be presented in a standard format. Title page, table of contents, page numbers, etc. must contribute to the quality of presentation.

The essay must not exceed 4,000 words of narrative. Students should be aware that examiners will not read beyond the 4,000-word limit, nor assess any material presented thereafter.

**Criterion E: Engagement**

(Strands: Reflections on planning and progress)

This criterion assesses the student’s engagement with their research focus and the research process. It will be applied by the examiner at the end of the assessment of the essay, after considering the student’s Reflections on planning and progress Form (RPPF).

Students are expected to provide reflections on the decision-making and planning process undertaken in completing the essay. Students must demonstrate how they arrived at a topic as well as the methods and approach used. This criterion assesses the extent to which a student has evidenced the rationale for decisions made throughout the planning process and the skills and understandings developed.

For example, students may reflect on:
• the approach and strategies they chose, and their relative success
• the Approaches to learning skills they have developed and their effect on the student as a learner
• how their conceptual understandings have developed or changed as a result of their research
• setbacks they faced in their research and how they overcame these
• questions that emerged as a result of their research
• what they would do differently if they were to undertake the research again.

Effective reflection highlights the journey the student has engaged in through the EE process. Students must show evidence of critical and reflective thinking that goes beyond simply describing the procedures that have been followed.

The reflections must provide the examiner with an insight into student thinking, creativity and originality within the research process. The student voice must be clearly present and demonstrate the learning that has taken place.
An extended essay (EE) in the arts provides students with an opportunity to undertake an in-depth investigation into a topic of particular interest to them. Students working on an arts EE must demonstrate in-depth analysis of the subject matter studied, be it dance, film, music, theatre or visual arts. This understanding must be shown in the form of:

- a coherent analysis and interpretation of their chosen area in relation to a posed research question
- the testing and validation of the research and consideration of its effect on the practice of the investigated area of the arts
- development and exploration in a disciplined and imaginative way of an area of study specifically appropriate to the curriculum area chosen
- a link to a practical dimension.

Each subject area poses its own unique set of challenges. Therefore, the approach to the topic of investigation should reflect the particular methodology most appropriate to the arts subject being studied.

Students should have logical and coherent reasons for selecting a particular topic for their essay, a well-thought-out research question and an approach that allows them to develop a reasoned argument.

The process of topic selection

Students should initially identify a broad area of inquiry that they are interested in within the Diploma Programme arts subjects: dance, film, music, theatre or visual arts.

While there may be overlap between the subjects in the arts and common approaches, the research topic must clearly relate to one specific arts area. If a student chooses a research area that blurs the boundaries between two arts subjects, they must ensure that their essay’s emphasis clearly lies within the arts subject for which they are submitting it. Crucially, the topic selected should reflect each student’s particular interest and enthusiasm within that subject area.

Often, their previous experiences help students to decide on their topic.

For some, the inspiration might be work already undertaken as part of the Diploma Programme course. Alternatively, students may choose to focus on something that has not been part of their studies. Their research may also be inspired by a direct experience of a particular artwork, design, composition or performance, or an interest in the work of a particular artist, style or genre.

Students will then need to narrow down their topic to a research question that allows for specificity and detail. The research question also needs to allow for the investigation to make a purposeful contribution to knowledge and understanding in the subject.

For instance, if a theatre student chooses to explore the use of fans in Restoration comedy, the student will need first to analyse the wider cultural context informing the convention’s historical and social meanings. Next, the student must illustrate those meanings by discussing the use of the convention in a stage production of a particular restoration play.

After the careful analysis of a topic and its purpose, students can start working on the structure of their paper.
Literature review—demonstrating knowledge and understanding in context

Conducting literature-based research is an essential element of the EE. Students should review the existing literature on their topic to inform the construction of their own research question and design. Students need to spend time on their literature review (e.g., by compiling an annotated bibliography) so that they can contextualize their own work. It will also ensure that their essay meets criterion B: knowledge and understanding.

Once they have discussed their choice of topic with their supervisor, students can draw up a research plan, containing the main points to be discussed in the essay. This plan should be flexible enough to allow students to explore the topic in a creative manner, and also to change direction if needed. This may be necessary if students find it difficult to locate supporting material and research data to explore their question.

Students should not be afraid to explore unconventional topics or approaches in their research; originality and creativity are encouraged, as is the use of different research approaches appropriate to their subject area.

Research question

In designing a research question, students should mainly be guided by their interests, but should also consider the relevance of their research. Their research question should be non-trivial and follow from the existing body of literature on the topic, seeking to explore it in innovative ways. The question needs to be specific and sharply focused, stated clearly on the title page and in the introduction of the essay, and fit into one of the five subjects of the Diploma Programme arts group.

Students need to avoid researching a question that is too narrow or too obvious as this will restrict the formulation of reasoned arguments and may prevent them from meeting the assessment criteria. The research question must set an appropriate research context and encourage an investigative approach to the EE.

A well-constructed research question must be specific, should address an appropriate and relevant area in the field of the arts and try to offer an alternative perspective to previous research findings.

When drawing up their research question, students should consider historical and socio-cultural information to increase their understanding of the context of the arts practice or tradition they are investigating.

It will also help students to read critically their primary and secondary sources to determine which will support their own argument. They must demonstrate skills of critical analysis to access the higher levels of the assessment criteria, and this may mean challenging existing arguments rather than simply agreeing with them.

The research question must be explored using research methods appropriate to the subject. These include qualitative methods, as well as the empirical analysis of arts processes or practices and “finished” work (such as artworks, play texts, notations, live and recorded performances and productions).

Students should be reminded that consulting the relevant subject-specific section is vital to ensuring that their essay meets the requirements for that subject.

Research methods

The EE’s emphasis should always be on written analysis, interpretation of one or more pieces of art, music, film, dance, etc. and the construction, development and evaluation of a sound argument. Therefore, it is vital that the methodology of the essay is tailored to the research question and allows for an in-depth exploration.

When conducting their research, students should analyse the content of primary and secondary sources.

Primary source material includes play texts, live performances, music concerts, textual analysis, original artworks or designed artifacts, films, scripts, screenplays, scores, personal contacts and productions. Reproductions,
videos, films or photographs and internet images of a high quality are also considered as acceptable sources of information.

A secondary source of information refers to research and subject journals, books, newspaper and magazine articles, interviews and websites. The use of other published materials such as sketches, drawings, pictures, plans, reviews and promotional material is encouraged but should not overwhelm the EE to the detriment of the research discussion.

The research outcome of an arts EE should always include a link with a practical dimension. Where relevant and possible, students may wish to consult practitioners and professionals, such as performers, directors, researchers, writers, designers, painters, sculptors, composers or critics; or they may wish to visit theatres, galleries, museums and arts centres.

Supervisors need to ensure that students are aware of their responsibility to properly cite the resources used and check their work for plagiarism. Citations should adhere to the requirements of the IB and be correctly and consistently applied.

**Framework for the EE in the arts**

| Introduction | An EE in the arts is intended for students who are interested in undertaking research in an area of particular interest to them in the fields of dance, film, music, theatre or visual arts. Qualitative methods are more likely to be used for an arts EE. |
| Methods | Primary methods involve analysis of play texts, live performances, music concerts, original artworks or designed artifacts, films, scripts, screenplays, scores, personal contacts and productions. Reproductions, videos, films or photographs and internet images of a high quality are also considered as acceptable sources of information. Secondary methods include research and academic journals, books, newspaper and magazine articles, interviews and websites. The use of other materials, such as sketches, drawings, pictures, plans, reviews and promotional material is encouraged but should not overwhelm the essay. |
| most relevant to subjects in this group | |
| Suggestions for possible sources | Use of peer-reviewed journals, newspaper articles, books, e-resources and publications online, specialized academic research engines, unpublished conference papers, previously published essays. Students may wish to interview practitioners and professionals; they may wish to visit theatres, galleries, museums or arts centres. |
| Particular things to be aware of | Students need to be aware that their work will be checked in terms of the IB's academic honesty policy and so all students must ensure that they are familiar with this document. |
| Summary | Undertaking an EE is a challenge and so planning is crucial. Students need to start writing their papers early and discuss any emerging difficulties with their supervisor. Supervisors, librarians, practitioners and professionals in the field are a great source of information, advice and support for students. Students writing an essay in the arts should search for primary and secondary sources of information prior to initiating the writing process. The framing of a good research question that is well structured and thought through will aid students in establishing a reasoned argument. |
| The EE and internal assessments | The EE is not an extension of the internal assessment and students must ensure that they are not using material submitted for any other assessment component as part of the EE submission—see individual subject-specific guidance for more details. |